



GBC Cross Country

2025 INFORMATION

Date: Tuesday 20th May

Venue: Redeemer Lutheran College – 'DG Stolz Sports Fields'
Entry off Priestdale Road – Burbank – see attached map.

Parking: School busses may enter the Stolz Sports Fields complex to drop off and collect students. No bus parking is available on site - they will need to leave after drop off.

Very limited Spectator Parking is available inside the DG Stolz Sports Fields. Additional parking is available along either side of Kelly Street and on Priestdale Road.

Competitors: Each school may enter up to 10 runners per race
Nominations are due to Eddie by **5pm Friday, 16th May.**

Course: Competitors will compete over 2km, 3km or 4km courses as per the schedule below. Course maps are attached.

Officials: Each school is required to bring 2 x officials/course marshals to be used on the day. Lunch and Morning Tea will be provided to School and Event officials.

Officials will meet at 9am at the officials tent near the finish line for the event and safety briefing

Timing: Each competitor will be timed for their event. On arrival, each competitor will receive their unique individual race bib. Students to attach bib to front of singlet with pins supplied. Bibs to be returned at the conclusion of carnival.

Results: Individual race results will be available at the conclusion of the carnival on the GBC website.

Protests: Protests will be accepted only from the School Team Managers, not teachers or parents. They are to be in writing and handed to the event convenor within 5 minutes of completion of the event in question. The Event Convenor and Chief Official will adjudicate on all protests.

Shade: There is ample room and each school is encouraged to bring along their own shade tents

First Aid: First Aid attendants will be in place at the event. They will be located next to the finishing area plus on course (approx. half way point)

Toilets: Student toilets are located either side of the changeroom and canteen building and will be clearly signed. Staff and Spectator toilets are located on

the back, right hand side of the building (looking from the oval) and will be clearly signed.

Catering: Lunch will be supplied for all school and event officials. A BBQ, Canteen and coffee van will be available for students, staff and spectators.

Schedule: Event Schedule is as follows:

8:30am	Arrive – Setup – Walk Course (course closes at 9:15am)
9:00am	Team Managers meeting
9:10am	Race Officials Briefing
9:20am	Officials to checkpoints
9:30am	9yr Girls 1.5km – One lap of small loop
9:37am	9yr Boys 1.5km – One lap of small loop
9:45am	10yr Girls 2km – One lap of big loop
9:52am	10yr Boys 2km – One lap of big loop
10:00am	11yr Girls 2km – One lap of big loop
10:07am	11yr Boys 2km – One lap of big loop
10:15am	12yr Girls 3km – Two laps of small loop
10:30am	12yr Boys 3km – Two laps of small loop
10:45am	13yr Girls 3km – Two laps of small loop
11:00am	13yr Boys 3km – Two laps of small loop
11:15am	14yr Girls 3km – Two laps of small loop
11:45am	PRIMARY Relays 500m loop
12:00pm	PRIMARY Presentations
12:00pm	14yr Boys 4km – Two laps of big loop
12:05pm	15yr Girls 4km – Two laps of big loop
12:15pm	15yr Boys 4km – Two laps of big loop
12:30pm	16yr Girls 4km – Two laps of big loop
12:45pm	16yr Boys 4km – Two laps of big loop
1:00pm	Open Girls 4km – Two laps of big loop
1:15pm	Open Boys 4km – Two laps of big loop
1:45pm	SECONDARY Relays 500m loop
2:15pm	SECONDARY Presentations
2:30pm	Depart



Venue Map:





Course Maps:

Redeemer Cross Country – GBC Course Map

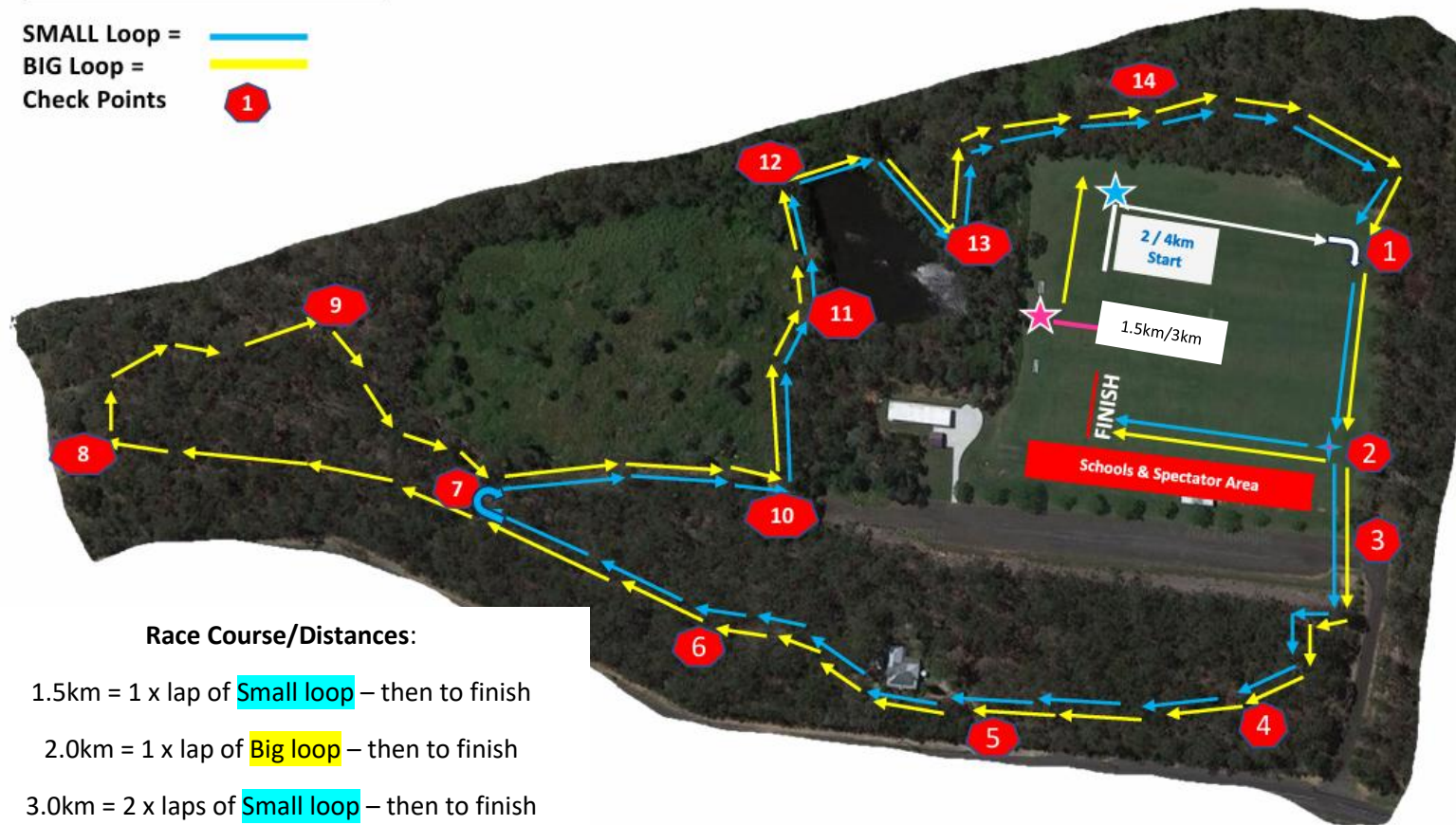
DG Stolz Sports Fields, 21 Kelly Street Burbank (*enter off Priestdale Road)

CROSS COUNTRY TRACKS:

SMALL Loop = 

BIG Loop = 

Check Points 



Race Course/Distances:

1.5km = 1 x lap of **Small loop** – then to finish

2.0km = 1 x lap of **Big loop** – then to finish

3.0km = 2 x laps of **Small loop** – then to finish

4.0km = 2 x laps of **Big loop** – then to finish

Redeemer Cross Country – GBC Course Map

CHECK POINT (CP) DUTIES:

- CP 1 = Direct students where to run at start of race / head to finish line after completing lap/s
- CP 2 = Direct students where to run at start of race / head to finish line after completing lap/s
- CP3 = Stop any vehicles at road entrance as needed until students run past
- CP 2-6 = Encourage any student as they run pass, and assist if they look distressed / unwell
- CP 7 = *Direct student's which direction to run for 2km / 3km / 4km races***
- CP 8 - 9 = Encourage any student as they run pass, and assist if they look distressed / unwell
- CP 10 = Drinks station, have paper cups ready filled with water for students to use as they come past
- CP 11-14 = Encourage any student as they run pass, and assist if they look distressed / unwell

If any student suffers from illness / injury while please running and cannot finish their event, please contact

LUKE CURRAN - Redeemer Head of Sport m: 0418 197 789

and a 1st Aid Person will be sent out to attend to the student ASAP.