

Time	A/G	Gender	Event	Categories
8:00am	Arrival and Warmups			
8:15am	Staff/Officials meeting/briefing			
8:30am	14+	Girls	3000m	A,B
	14+	Boys	3000m	A,B
	9yr	Girls	Long Jump (pit 1)	A,B
	11yr	Girls	High Jump (pit 2)	A
	13yr	Girls	Shotput (Circle 1)	A,B
	14yr	Girls	Triple Jump (pit 1)	A,B
	15yr	Girls	Shotput (Circle 2)	A,B
	16yr	Girls	Long Jump (pit 2)	A,B
	Open	Girls	Javelin	A,B
	13yr	Boys	Discus (Cage 1)	A
	14yr	Boys	Discus (Cage 1)	A
9:05am	9yr - Open	Girls	200m	A,B
	9yr	Boys	Long Jump (pit 1)	A,B
	11yr	Boys	High Jump (pit 2)	A
	13yr	Boys	Shotput (Circle 1)	A,B
	14yr	Boys	Triple Jump (pit 1)	A,B
	15yr	Boys	Shotput (Circle 2)	A,B
	16yr	Boys	Long Jump (pit 2)	A,B
	Open	Boys	Javelin	A,B
	13yr	Girls	Discus (Cage 1)	A
	14yr	Girls	Discus (Cage 1)	A
9:40am	9yr - Open	Boys	200m	A,B
	9yr	Girls	Shotput (Circle 2)	A,B
	10yr	Girls	Long Jump (pit 2)	A,B
	11yr	Girls	Discus (Cage 1)	A
	12yr	Girls	Discus (Cage 1)	A, B?
	13yr	Girls	Triple Jump (pit 1)	A,B
	14yr	Girls	High Jump (pit 1)	A
	15yr	Girls	Long Jump (pit 1)	A,B
	16yr	Girls	Javelin	A,B
	Open	Girls	High Jump (pit 2)	A
	Open	Boys	Shotput (Circle 1)	A,B
10:15am	9yr - Open	Girls	800m	A,B
	9yr	Boys	Shotput (Circle 2)	A,B
	10yr	Boys	Long Jump (pit 2)	A,B
	11yr	Boys	Discus (Cage 1)	A
	12yr	Boys	Discus (Cage 1)	A, B?
	13yr	Boys	Triple Jump (pit 1)	A,B

	14yr	Boys	High Jump (pit 1)	A
	15yr	Boys	Long Jump (pit 1)	A,B
	16yr	Boys	Javelin	A,B
	Open	Boys	High Jump (pit 2)	A
	Open	Girls	Shotput (Circle 1)	A,B
10:50am	9yr - Open	Boys	800m	A,B
	9yr	Girls	Discus (Cage 1)	A
	10yr	Girls	Discus (Cage 1)	A
	11yr	Girls	Shotput (Circle 1)	A,B
	12yr	Girls	Long Jump (pit 2)	A,B
	13yr	Girls	High Jump (pit 2)	A
	14yr	Girls	Shotput (Circle 2)	A,B
	15yr	Girls	Javelin	A,B
	16yr	Girls	High Jump (pit 1)	A
	Open	Girls	Triple Jump (pit 1)	A,B
11:25am	9yr - Open	Girls	100m	A,B,C,D
	9yr	Boys	Discus (Cage 1)	A
	10yr	Boys	Discus (Cage 1)	A
	11yr	Boys	Shotput (Circle 1)	A,B
	12yr	Boys	Long Jump (pit 2)	A,B
	13yr	Boys	High Jump (pit 2)	A
	14yr	Boys	Shotput (Circle 2)	A,B
	15yr	Boys	Javelin	A,B
	16yr	Boys	High Jump (pit 1)	A
	Open	Boys	Triple Jump (pit 1)	A,B
Lunch (12 - 12:15pm)				
12:15pm	9yr - Open	Boys	100m	A,B,C,D
	9yr	Girls	High Jump (pit 2)	A
	10yr	Girls	Shotput (Circle 1)	A,B
	12yr	Girls	High Jump (pit 1)	A, B?
	13yr	Girls	Long Jump (pit 1)	A,B
	14yr	Girls	Javelin	A,B
	15yr	Girls	Triple Jump (pit 1)	A,B
	16yr	Girls	Shotput (Circle 2)	A,B
	Open	Girls	Long Jump (pit 2)	A,B
	15yr	Boys	Discus (Cage 1)	A
	16yr	Boys	Discus (Cage 1)	A
	12:50pm	13yr - Open	Girls	1500m
9yr		Boys	High Jump (pit 2)	A
10yr		Boys	Shotput (Circle 1)	A,B
12yr		Boys	High Jump (pit 1)	A, B?

	13yr	Boys	Long Jump (pit 1)	A,B
	14yr	Boys	Javelin	A,B
	15yr	Boys	Triple Jump (pit 1)	A,B
	16yr	Boys	Shotput (Circle 2)	A,B
	Open	Boys	Long Jump (pit 2)	A,B
	15yr	Girls	Discus (Cage 1)	A
	16yr	Girls	Discus (Cage 1)	A
1:25pm	13yr - Open	Boys	1500m	A
	10yr	Girls	High Jump (pit 2)	A
	11yr	Girls	Long Jump (pit 2)	A,B
	12yr	Girls	Shotput (Circle 2)	A,B
	13yr	Girls	Javelin	A,B
	14yr	Girls	Long Jump (pit 1)	A,B
	15yr	Girls	High Jump (pit 1)	A
	16yr	Girls	Triple Jump (pit 1)	A,B
	Open	Girls	Discus (Cage 1)	A
2:00pm	13yr - Open	Girls	400m	A
	13yr - Open	Boys	400m	A
	10yr	Boys	High Jump (pit 2)	A
	11yr	Boys	Long Jump (pit 2)	A,B
	12yr	Boys	Shotput (Circle 2)	A,B
	13yr	Boys	Javelin	A,B
	14yr	Boys	Long Jump (pit 1)	A,B
	15yr	Boys	High Jump (pit 1)	A
	16yr	Boys	Triple Jump (pit 1)	A,B
Open	Boys	Discus (Cage 1)	A	
2:40pm	9yr - Open	Girls	4x100m Relay	
	9yr - Open	Boys	4x100m Relay	
3:40pm	Presentations - Depart			